



CONFIDENCE | WEEK 1 | NOVEMBER 2, 2025 | ELEMENTARY

Elijah and the Prophets of Baal

Key Application: Confidence – Living like you believe God is with you.

Bible Story: Elijah and the Prophets of Baal • 1 Kings 18:16-45

Key Question: What seems impossible to you?

Basic Truth: I am loved by God no matter what so I can be confident that God knows who I am.

Memory Verse: Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. *Isaiah 40:31 (NIV)*

LEADER BIBLE STUDY

People build their lives on all kinds of stories: Acing every test. Being the funny kid. Keeping the peace. Doing enough good things. But every single one of those foundations, alone, will crumble. The only safe story on which to build is the true story of a God who created us and loves us so much that when we turned away, God continued to pursue us.

God chose a people and promised through them to bless the whole world. And God fulfilled that promise by sending Jesus to rescue and redeem us. When we begin to understand this story and allow it to inform everything in our lives, we can live from a place of quiet confidence, knowing God is always with us and is able to work every single thing we face into a beautiful pattern for our good.

This month, we're exploring some larger-than-life characters from God's story who lived during the decline of Israel and Judah and the following exile. These individuals chose to—or failed to—place the full weight of their lives on trust in God. Through stories of Elijah, Jonah, Daniel, Esther, and Nehemiah we see how making choices from a foundation of trust changes everything about the way you live.

Pre-Service Check List

- HUDDLE AS TEAM → You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow

Doors
Open

9:15/11:00

Large Group
Starts

9:35/11:20

Small Group
Starts

10:05/11:50

LARGE GROUP

COUNTDOWN AND WELCOME (3 Minutes)

(VIDEO: COUNTDOWN, SLIDE: KIDCITY EXPECTATIONS)

LGL: “Welcome everyone! I’m so glad you are able to come hang out with us in KidCity today. My name is [INSERT NAME]. We are going to have a lot of fun today, but before we do let’s go over these announcements/KidCity Expectations.

(SLIDE: 5th SUNDAY FUNDAY) “Most months of the year only have 4 Sundays in them, but every so often a month has FIVE SUNDAYS in it – which is awesome! So, every 5th Sunday, we declare it ‘5th Sunday Funday’! Guess what, THIS month has 5 Sundays in it. You don’t want to miss it; we’ve got some fun things planned.

(SLIDE: KIDCITY EXPECTATIONS) “Now, let’s quickly go over our KidCity Expectations (rules) so we can make sure that we make the most of our time today: *(Don’t dwell on these too long, but make sure you review them briefly so we can set everyone up for success.)*

1. Be Kind
2. Be Safe
3. Have Fun

LARGE GROUP GAME (5 Min)

IMPOSSIBLE CHOICE

(No Supplies)

Welcome to Bedrock, where we’re building confidence in God that lasts—block by block. Speaking of confidence, let’s define it.

(SLIDE: KEY APPLICATION) Confidence – Living like you believe God is with you.

God chose a family and promised through them to bless the whole world. And God fulfilled that promise by sending Jesus to rescue and redeem us. When we begin to understand this story and allow it to influence everything in our lives, we can live from a place of quiet confidence, knowing God is always with us and is able to work every single thing we face into a beautiful pattern for our good.

Let’s check out our memory verse for the month.

(SLIDE: MEMORY VERSE) Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. *Isaiah 40:31 (NirV)*

Take a minute to explain that ‘Isaiah’ is a book in the Old Testament, and that the first number means ‘chapter’ and the second one means ‘verse’. ‘NirV’ is what translation the Bible is in. The Bible wasn’t originally written in English! There are different translations.

I'm so glad you're here, because today we're tackling one of life's biggest questions: What do you do when something feels absolutely impossible? Glad you asked! We are going to play a game all about impossible choices.

(SLIDES: GAME SLIDE with MUSIC)

HOW TO PLAY

- You will play a 'Would You Rather' game. Have kids decide between two 'impossible' choices by going and standing on one side vs the other. There are no wrong answers.
- SCENARIOS:
 1. Would you rather ... try to eat a mountain-sized ice cream sundae in one day OR drink a swimming pool full of lemonade in one hour?
 2. Would you rather ... build a house out of spaghetti noodles OR out of marshmallows?
 3. Would you rather ... have to hop to school every day for a year OR only be able to walk backwards for a month?
 4. Would you rather ... have shoes made of jelly OR gloves made of pizza?
 5. Would you rather ... try to read a 10,000-page book in one night while bouncing on a trampoline OR write a 1,000-word essay while bouncing on a trampoline?
 6. Would you rather ... live in a treehouse 100 stories high OR a basement 50 stories underground?
 7. Would you rather ... only be able to eat food that's blue OR only wear clothes that are yellow for a year?
 8. Would you rather ... try to swim across a giant pool of JELL-O OR roll down a hill made of popcorn?
 9. Would you rather ... balance a stack of 50 books on your head for a day OR wear a hat made of live chickens for a whole afternoon?
 10. Would you rather ... try to brush your teeth using spoon for a week OR have to comb your hair with a fork forever?

"That was so fun! Now everyone stand up and let's worship God!"

WORSHIP (6-7 Minutes)

(VIDEO: MY FEET ARE ON THE ROCK, ALIVE)

BIBLE STORY (12 Minutes)

(No Supplies)

You know, today we've already laughed at some impossible ideas. But sometimes, life really does feel impossible—and not in a funny way. Sometimes, no matter how hard you try, you hit a wall. There are real limits to what we can do on our own. And it can be discouraging, embarrassing, or just plain frustrating when you realize something's actually impossible.

"In the Bible, there are a ton of moments that looked impossible—people trapped, scared, running out of hope. Today, we're looking at one of the wildest ones. God told His prophet Elijah to do something that everyone else thought was totally, completely impossible.



“Let’s see what happened when Elijah ran up against the impossible—and how God’s answer changed everything.

(VIDEO: BIBLE STORY 5 MIN)

Elijah’s story shows us something about confidence that’s hard to learn any other way: true confidence isn’t built when everything’s easy. It’s built over time, often through hard things. Elijah learned to trust God partially through years and years of seeing Him provide food every single faithful day in some hard drought years. Over and over as Elijah saw God provide, Elijah learned he could be confident in Him.

“Confidence in God is built every time you stand at the edge of something tough and decide to trust God anyway. That’s what Elijah did.

“Elijah wasn’t a superhero. The very next part of Elijah’s story, he threw a huge temper tantrum with God!

“Elijah got tired. He felt alone. He asked hard questions and wondered if God would show up. But he kept taking the next step—sometimes shaky, sometimes bold—because he’d learned that God’s character never changed, even when life did.

“You might not be facing a showdown on a mountain or waiting for fire from heaven. But I know you’ve got your own impossible lines—maybe it’s a problem at home, a friendship that feels broken, an anxiety that doesn’t seem to go away, or just the daily pressure to be ‘enough.’ Sometimes, the scariest thing is just being honest about what you’re facing. You don’t have to fake it with God. He can handle your worries, your doubts, even your disappointment.

Another way to say it is how our Basic Truth for this week says it...

(SLIDE: BASIC TRUTH) I am loved by God no matter what so I can be confident that God knows who I am.

God knows us and loves just at our strongest and our weakest. We can always depend on Him!

As we head to Small Groups, we want you to consider this question:

(SLIDE: KEY QUESTION) ‘What seems impossible to you?’

Have kids turn and talk to their shoulder partner for 60 seconds. Your KQ slide on Playlister will keep track of time for you. While kids are talking, walk around and listen in to what they are saying and give prompts if needed. Don’t try to resolve anything, kids will have a further discussion within their small group time.

“Ok friends, come back together in 3, 2, 1...

“I heard some great thoughts floating around. You are going to have more of a chance to talk

about this in small group time, but for now let's pray.

God, thank you for seeing us and loving us. Thank you for helping Samuel listen, for choosing David, and for sending Jesus. Please give us wisdom for the moments ahead—at school, at home, and everywhere we go. Help us listen, trust, and follow you. We love you, and we pray these things in Jesus' name. Amen.

DISMISS TO SMALL GROUPS



SMALL GROUP

Key Application: Confidence – Living like you believe God is with you.

Bible Story: Elijah and the Prophets of Baal • *1 Kings 18:16-45*

Key Question: What seems impossible to you?

Basic Truth: I am loved by God no matter what so I can be confident that God knows who I am.

Memory Verse: Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. *Isaiah 40:31 (NIRV)*

Consider praying before you start small group to set the tone. It is just as important as the activities.

TALK ABOUT IT (K-5th)

Not every answer will be exactly right, but the goal is to guide the kids into good conversation and gently redirect them toward deeper, more biblical answers.

Key Question: What seems impossible to you?

(Answers will vary; What seems impossible to me is fixing things that are completely out of my control—like changing someone’s heart, making the future go exactly how I want, or solving big problems in the world. But that’s the cool part: the Bible reminds me that what’s impossible for me is totally possible for God (Luke 18:27). He specializes in the “impossible stuff.” So, when I feel like I’ve hit a wall, that’s usually the moment God shows off His power the most.)

LOOK IT UP (K-5th)

Grab Bibles, look up, and read the following passage.

Look Up: 1 Kings 18:36-39

Say: 1 Kings (Old Testament) records the reign of Solomon—his wisdom, the building of the Temple, and his later downfall through worshipping false idols (gods)—as well as the division of Israel into two kingdoms after his death. It then traces the reigns of the kings of Israel and Judah, showing how most turned away from God, with Elijah rising as a prophet to confront the practice of worshipping false idols and call the people back to the Lord.

PRACTICE IT (K-5th)

(12-16 Jenga Blocks (or similar) per small group, Blank Piece of Scratch Paper, Pen, Use a Student or Leader’s Hoodie, Jacket)

What You Do:

- Gather the kids together.
- Ask, “Can you think of something that could feel difficult for you to do, but NOT for God?”
 - *To prompt the kids’ thinking, give examples like: Make the sun shine and the rain fall; help someone be brave when they’re scared; forgive everyone, every time!*

- As kids' name ideas, write them on a piece of paper. Make a list of 12-16 ideas.
- Tell your group you have two "foundations" — the soft item (fold a hoodie or jacket into a messy pile. The point is to create an unsteady foundation) and the floor.
- Point to the soft item and ask: "What do you think will happen if we try to build a tall tower on this?"
 - *Most will say it will fall.*
 - *Let's try it.*
 - *Let's take the list and as I read each item, everyone will take turns stacking the blocks into a tower.*
- Point to the firm ground and ask: "What do you think will happen if we try to build a tall tower on this?"
 - *Most will say it'll stand strong.*
 - *Let's try it.*
 - *Let's take the list and as I read each item, everyone will take turns stacking the blocks into a tower.*
- Once the tower is built, point to the blocks and ask:
 - Why did the tower on the soft foundation fall?
 - Which foundation is a picture of trusting in ourselves?
 - "Are these things too hard for God?"
 - "Is anyone more powerful, smarter, faster, kinder, more patient than God?"
 - What would happen if we only trusted ourselves?
 - "What's something you want to trust God with today?"
 - How does trusting God make a difference, even when it's hard?

What You Say:

"The Bible is full of true stories where God does what seems totally impossible to us. That's because there is nothing that is too hard for God!

"God made everything. He knows everything. He's more loving, more patient, and more powerful than anyone else ever! THAT'S why we can put all of our confidence in Him.

"You don't have to just 'try really hard' to have confidence. When you choose to follow Jesus, God sends the Holy Spirit to live in you! You can ask God to give you confidence through the Holy Spirit—even when something seems impossible

"When you are facing something hard, since He's right there with you, you can pray, 'God, help me remember that You are strong, and You are with me. Help me be confident in You right now.' God loves you and He loves to help you!

"God never gets tired or worn out from listening to us. Pray to God when you feel stuck. Remember, we can put all our confidence and trust in God because **God can do the impossible.**"

GET STRONGER (K-5th)

(Memory Verse Poster, Bibles, “Verse in Motions” Activity Page - 1 per group)

What You Do:

- Gather the kids into groups.
- Give every group a Bible.
- Invite them to look up this month’s Memory verse, Isaiah 40:31
- **Kindergarten - Give each group a Bible marked at Isaiah 40:31.**
- Repeat the verse together several times.
- Review any words that might be unfamiliar to the kids.
- *Move Together:*
- Use the “Verse Motions” Activity Page to teach the Memory Verse motions.
- **4th / 5th grade - Challenge each group to come up with 4-5 simple symbols (or emojis) that could represent key parts of the verse.**
- Walk through the motions slowly, until the kids have learned them.
- Challenge the group to perform them:
 - Fast
 - Slow
 - Without words

PRAYER

What You Say:

“God, we love you and we believe that YOU can do the impossible. Thank you for hearing the prayers of all your people, all over the world! Today we discovered that what might be completely impossible for us is possible for you. Help us to walk confidently knowing that you are with us in everything that we face. Thank you for loving us, God. We love you so much. In Jesus’ name we pray. Amen!