

CONFIDENCE | WEEK 3 | NOVEMBER 16, 2025 | ELEMENTARY

DANIEL AND THE LION'S DEN

Key Application: Confidence - Living like you believe God is with you.

Bible Story: Daniel and the Lions' Den • Daniel 6

Key Question: When have you felt alone?

Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

Memory Verse: Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. Isaiah 40:31 (NIrV)

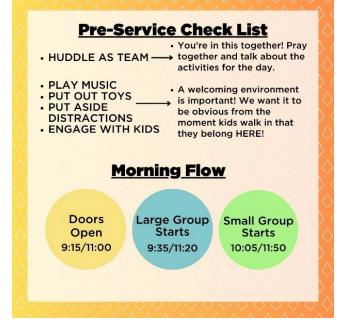
LEADER BIBLE STUDY

People build their lives on all kinds of stories: Acing every test. Being the funny kid. Keeping the peace. Doing enough good things. But every single one of those foundations, alone, will crumble. The only safe story on which to build is the true story of a God who created us and loves us so much that when we turned away, God continued to pursue us.

God chose a people and promised through them to bless the whole world. And God fulfilled that promise by sending Jesus to rescue and redeem us. When we begin to understand this story and allow it to inform everything in our lives, we can live from a place of quiet confidence, knowing God is always with us and is able to work every single thing we face into a beautiful pattern for our good.

This month, we're exploring some larger-than life characters from God's story who lived during the decline of Israel and

Judah and the following exile. These individuals chose to—or failed to—place the full weight of their lives on trust in God. Through stories of Elijah, Jonah, Daniel, Esther, and Nehemiah we see how making choices from a foundation of trust changes everything about the way you live.



LARGE GROUP

COUNTDOWN AND WELCOME (3 Minutes)

(VIDEO: COUNTDOWN, SLIDE: KIDCITY EXPECTATIONS)

LGL: "Welcome everyone! I'm so glad you are able to come hang out with us in KidCity today. My name is [INSERT NAME]. We are going to have a lot of fun today, but before we do let's go over these announcements/KidCity Expectations.

(SLIDE: 5th SUNDAY FUNDAY) "Most months of the year only have 4 Sundays in them, but every so often a month has FIVE SUNDAYS in it – which is awesome! So every 5th Sunday we declare it '5th Sunday Funday'! Guess what, THIS month has 5 Sundays in it. You don't want to miss it, we've got some fun things planned.

(SLIDE: KIDCITY EXPECTATIONS) "Now, let's quickly go over our KidCity Expectations (rules) so we can make sure that we make the most of our time today: (Don't dwell on these too long, but make sure you review them briefly so we can set everyone up for success.)

- 1. Be Kind
- 2. Be Safe
- 3. Have Fun

LARGE GROUP GAME (5 Min)

DEFYING GRAVITY

(6 balloons - 3 of one color and 3 of another)

Welcome to Bedrock, where we're building confidence in God that lasts—block by block. Speaking of confidence, let's define it.

(SLIDE: KEY APPLICATION) Confidence - Living like you believe God is with you.

God chose a family and promised through them to bless the whole world. And God fulfilled that promise by sending Jesus to rescue and redeem us. When we begin to understand this story and allow it to influence everything in our lives, we can live from a place of quiet confidence, knowing God is always with us and is able to work every single thing we face into a beautiful pattern for our good.

Let's check out our memory verse for the month.

(SLIDE: MEMORY VERSE) Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. *Isaiah 40:31* (NIrV)

Take a minute to explain that 'Isaiah' is a book in the Old Testament, and that the first number means 'chapter' and the second one means 'verse'. 'NIrV' is what translation the Bible is in. The Bible wasn't originally written in English! There are different translations.

I'm so glad you're here, because today we're tackling one of life's biggest questions: What do you do when something feels absolutely impossible? Glad you asked! We are going to play a game all about impossible choices.

(SLIDES: GAME SLIDE with MUSIC)

HOW TO PLAY

- CHOOSE a boy and a girl to play the game. You will have 6 balloons blown up, 3 of one color and 3 of another.
- ASSIGN EACH PLAYER A COLOR BALLOON. Explain that on 'GO' they will need to keep all
 of their balloons up in the air for as long as they can (you will need to have SGLs help hold
 the balloons until it's time).
- SAY GO. Start with 1 balloon. After 5 seconds, have the SGLs toss in another balloon, and then again for the final balloon.
- WRAP UP. The first person who lets one of their three balloons touch the ground is out.
- Play a few rounds, swapping out the contestants

WORSHIP (6-7 Minutes)

(VIDEO: FOR YOUR GLORY, THAT'S WHO I PRAISE)

BIBLE STORY (12 Minutes)

(No Supplies)

Have you ever felt like you were all alone? Well, today, we're going to hear a story about a guy named Daniel who had the same feeling. He really was all by himself, but even though it looked like he was alone, he knew he wasn't really alone. He knew God was with him.

"But before we dive into Daniel's story today, let me tell you about something awesome we're doing this year! We are going through the key stories in the Bible from cover to cover!

"Why are we doing that? Is it because we just want to become really smart Bible people? Well, God wants us to know Him. He wants to be our close friends. Part of the reason He gave us the Bible is so we could get to know Him. So as we go through the Bible, hopefully we'll learn about God!

Right now, we've covered a lot of the Old Testament! Check out this slide:

(SLIDE: GOD'S BIG STORY)

We started at the very beginning with Creation. The world was broken by sin, but God had a plan to rescue us from the consequence of sin and make a way for us to have a right relationship with Him again. He chose a family – who became known as the Israelites – and promised to bless the world through them. We've been following their journey until we finally get to see God's promise

[&]quot;That was so fun! Now everyone stand up and let's worship God!"

fulfilled in a few weeks! But let's check out our story for today....

(VIDEO: BIBLE STORY 5 MIN)

Daniel made it a habit to talk with God every single day. He developed his friendship with God every single day. That's what gave him courage, even when the world turned against him. Praying isn't just something you do before bed or meals—it's a way to connect with the God who loves you, who listens, who promises to never leave you.

"And here's something incredible: When you choose to follow Jesus, the Holy Spirit - who is God - actually comes to live inside you. When you're worried about a test, facing something scary, or when someone hurts your feelings—God is right there. Even when you don't FEEL it, God is with you. His presence is stronger than fear, brighter than darkness, and closer than your very breath. You can talk to Him about anything because He is right there! Let's say our Basic Truth together...

(SLIDE: BASIC TRUTH) I am made for a purpose so the Holy Spirit will help me do big things now.

"That's the kind of confidence Daniel had. That's the confidence you can have too! Not because you're perfect, but because GOD is perfect, and He's promised to be with you. So, the next time you feel alone or scared or unsure, remember that the same God that was with Daniel in the lions' den is with you. God is always with you.

The question we're left with is the same one Jonah had to face:

(SLIDE: KEY QUESTION) 'When have you felt alone?

Have kids turn and talk to their shoulder partner for 60 seconds. Your KQ slide on Playlister will keep track of time for you. While kids are talking, walk around and listen in to what they are saying and give prompts if needed. Don't try to resolve anything, kids will have a further discussion within their small group time.

"Ok friends, come back together in 3, 2, 1....

"I heard some great thoughts floating around. You are going to have more of a chance to talk about this in small group time, but for now let's pray.

God, thank You that You are always with us. When life feels scary or overwhelming, help us trust You, just like Daniel did. Help us remember that You go with us in everything we face, and may that give us confidence. We love You and we pray these things in Jesus' name. Amen.

DISMISS TO SMALL GROUPS



SMALL GROUP

Key Application: Confidence - Living like you believe God is with you.

Bible Story: Daniel and the Lions' Den • Daniel 6

Key Question: When have you felt alone?

Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things

IOW.

Memory Verse: Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow

weak. Isaiah 40:31 (NIrV)

Consider praying before you start small group to set the tone. It is just as important as the activities.

TALK ABOUT IT (K-5th)

Not every answer will be exactly right, but the goal is to guide the kids into good conversation and gently redirect them toward deeper, more biblical answers.

Key Question: When have you felt alone? How can we encourage each other when our friends feel like they are alone?

(Answers will vary)

LOOK IT UP (K-5th)

Grab Bibles, look up, and read the following passage.

Look Up: Daniel 6:16-23

Say: The book of Daniel (Old Testament) shows how God is sovereign over kings and kingdoms. Daniel and his friends stay faithful in exile, facing fiery furnaces, lions' dens, and powerful rulers, while God protects them and reveals future events through dreams and visions. It was written by Daniel.

PRACTICE IT (K-5th)

("Stand on God's Promises" Activity Pages - printed front and back with one side being either 'faith' or 'fear')

What You Do:

- Place all of the Activity Pages in a circle on the floor with the "FEAR" and "FAITH" sides facing up.
- Place the pages with enough space to be apart but close enough that kids can jump from one page to the other.
- Instruct the kids to choose a piece of paper to stand on.
- Have kids move in a circle, trying not to touch the floor. Say, "STOP' randomly.
- Choose one or two kids who are standing on a FEAR page to flip over their paper and share out loud what it says.
- Repeat, but alternate between reading the FEAR pages and the FAITH pages until all pages



have been read. (After being read, the pages can be flipped over so you can tell what has already been read)

• 2nd-5th:

- Have the kids gather the papers and sit back down.
- Lay out the FAITH cards verse-side up so everyone can see them.
- Choose up to 3 FEAR cards. Explain that God can bring Bible verses to our mind to help us through our fears.
- Have the kids choose verses that could apply to the FEAR that you are holding up. There could potentially be more than one answer. (There are many more verses in the Bible that can help every situation.)

• K-1st Adaption:

• Do the above activity, but choose and read the verses yourself that could apply to the fear.

What You Say:

Daniel didn't live without fear. Daniel's confidence and faith in God gave him courage to do things God's way even when he wasn't guaranteed a positive or comfortable result. The reason why Daniel COULD have confidence is because he knew God's Word and he prayed and listened to God regularly. How Daniel lived with confidence isn't something that we could never achieve. God wants ALL of us to know and have confidence in Him. That's why He gave us the Bible and created a way for us to talk to Him through prayer. The more we do those things, the easier it is to overcome our fears and to follow God no matter what.

GET STRONGER (K -5th)

(Bibles, Books of the Bible Lists - 2 sets per SG on 11x17 paper, Beach ball- 1 per group, prizes)

For the month of November, we will be focusing on kids review or learning the Books of the Bible. September, we focused on the Old Testament. October, we focused on the New Testament, and November we are reviewing both. Encourage kids to memorize the books by giving prizes to those who do. Kids can do it every week if they want! (without help, of course)

What To Say:

"This is the Bible. (Open to the Table of Contents) This is the Old Testament – it tells the story of how the world was broken by sin, but because of God's great love for us He promised to send a Savior. This is the New Testament. It tells us the good news of the promised Savior – Jesus! Jesus died on the cross and came back to life – defeating sin and death. Because of Him, we can have a right relationship with God again."

What You Do

- Pass out Bibles 3 to 4 kids per Bible.
- Open to the Table of Contents.
- Point out the list of Old and New Testament.
- Share with kids that this month we are going to work on memorizing all of the Books of the Bible.

- o There will be a prize for everyone who learns all of the books.
- Set out the lists of the Books of the Bible for easier reference.
- Review all of the books of the Bible by looking at the table of contents.
- Have kids sit in a circle.
- Pass the ball around the circle saying one book of the Bible with each pass.
- K/1 call and repeat. Pass the ball around the circle and the leader says the first book and the kids repeat and continue around the circle all the way to the end.
- Change it up by tossing it to someone in the circle and they have to try and say which book comes next.

PRAYER

What You Say:

"God, thank You for loving us and always being with us. You were with Daniel in the lions' den, and You are with us too. Teach us how to go through life with You aware of Your presence. Fill us with confidence no matter what we face because You are with us. We love You, God, and we pray these things in Jesus' name! Amen!"