



Week 1: The Light Predicted

Big Idea: Jesus stepped in to meet humanity's most desperate need.

Scripture: *Isaiah 9:1–7; Isaiah 7:14; Matthew 1:18; John 8:12*

Summary:

Centuries before Jesus' birth, Isaiah spoke of a light that would one day pierce the world's darkness. This week explores how Jesus fulfills those ancient prophecies, bringing hope to people walking in despair. God's promise of a Savior reminds us that even in our darkest moments, He is working to bring light and restoration.

WHAT?

Isaiah 9:1–7 was written 700 years before Jesus was born, during one of Israel's darkest times. The prophet Isaiah spoke on God's behalf, promising that the darkness wouldn't last forever: "The people who walk in darkness will see a great light" (Isaiah 9:2). Isaiah pointed forward to a coming Savior who would bring peace, justice, and hope to the world. He even described who this child would be — *Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace*. Centuries later, Jesus fulfilled every one of those prophecies. He was born of a virgin (Isaiah 7:14; Matthew 1:18), descended from David, and brought spiritual light to those walking in darkness (John 8:12).

Summary:

Isaiah predicted that light would one day break through the darkness — and that light is Jesus.

SO WHAT?

Isaiah's message reminds us that God always keeps His promises, even when it feels like He's silent. The people of Israel waited hundreds of years for the Messiah — but the delay didn't mean God had forgotten them. We also live in a world that feels dark — full of fear, brokenness, and confusion. But Jesus came to meet humanity's deepest need: the need for hope. Just as the light broke through the darkness in Isaiah's day, Jesus continues to bring light into the dark parts of our lives today — the anxiety we hide, the pain we carry, or the doubt we wrestle with.

Summary:

Because Jesus is the promised Light, we don't have to stay stuck in darkness. We can trust Him to bring hope and healing where we need it most.

1. Hold on to hope.

Practice the “Jesus is my hope” prayer — reminding yourself daily that you can cling to Him when life feels heavy.

2. Be honest about your darkness.

Talk with a trusted friend or leader about what you’re walking through. You’re not alone, and the light of Christ often shines through community.

3. Reflect His light.

Do one act of kindness each day this week to show others the hope you’ve received. Small acts of love can shine bright in someone else’s dark day.

Summary:

Jesus didn’t just come to bring light into the world — He came to bring light into *your* life, so that you can carry it into the lives of others.