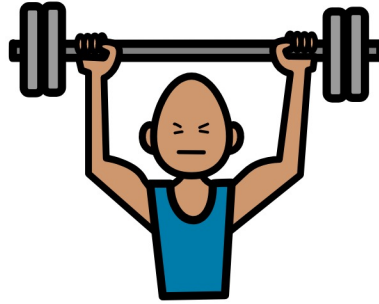


KC January Memory Verse



1 Timothy 4:8 (NirV)



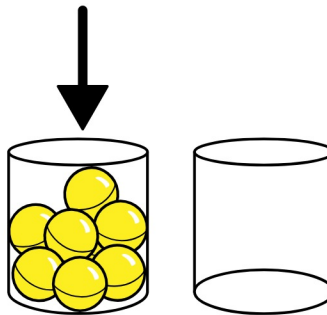
Training the body



has some value.



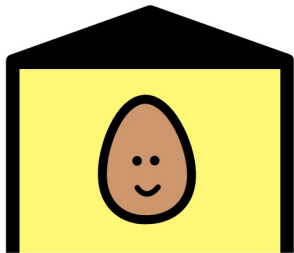
But being godly



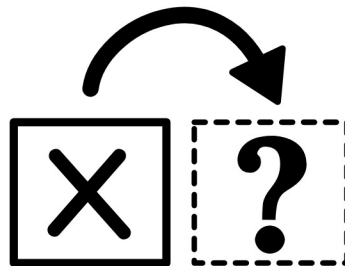
has value in every way.



It promises help



for the life you are now
living



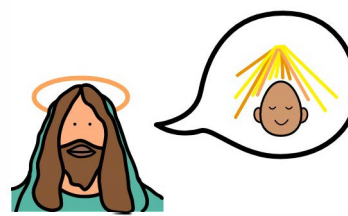
and the life to come.



Matthew 6:9-13



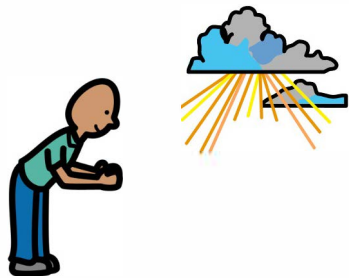
Matthew recorded how Jesus went up on a mountain side to teach His friends and a huge crowd gathered.



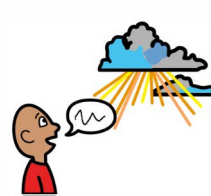
"Blessed are those who are spiritually needy, the Kingdom of heaven belongs to them", said Jesus.



Jesus went on to share with His followers what life was like in God's kingdom



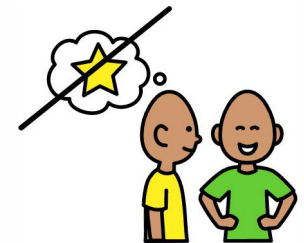
and how we should live in a way that honors God.



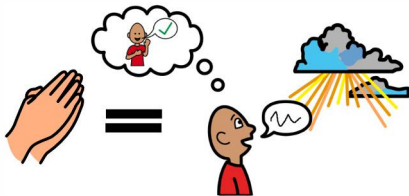
These teachings are known as The Sermon on the Mount and one of the MOST important things Jesus explained was how we can talk to God.



"When you pray, do not be like those who only pretend to be holy", Jesus said.



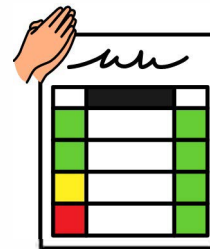
Jesus said that we shouldn't pray to impress other people using lots of big, fancy words.



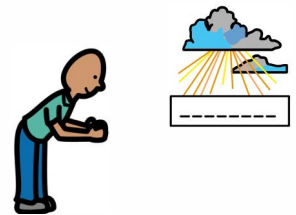
Jesus taught that prayer is simply honest conversation with God.



We can talk to God anytime, anywhere, about anything or anyone!

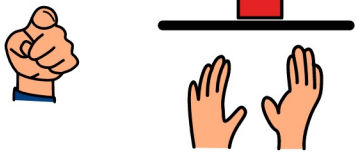


And Jesus gave us some guidelines.

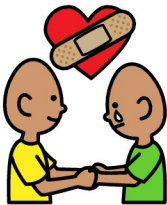


This is how you should pray. "Our Father in heaven, may your name be honored. May your Kingdom come.

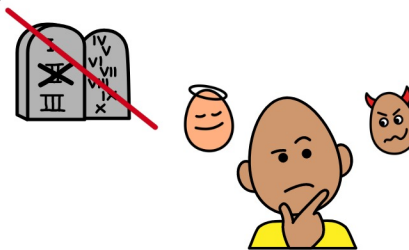
KC January 11 2026 Pg. 3



May what you want to happen be done on Earth as it is done in heaven.



Give us today our daily bread and forgive us our sins just as we also have forgiven those who sin against us.



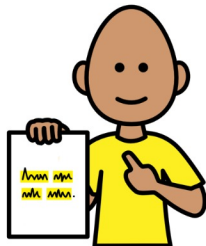
Keep up from sinning when we are tempted. Save us from the evil one."



Jesus followers have talked to God using this exact prayer for nearly 2,000 years.

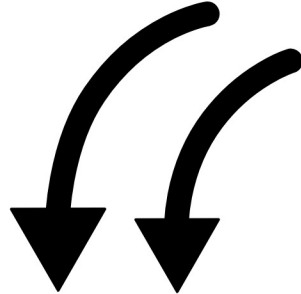


You can pray it too. Prayers like this help connect Jesus followers all over the world,



you can also spend time with The Lord's Prayer to help you pray in your own words.

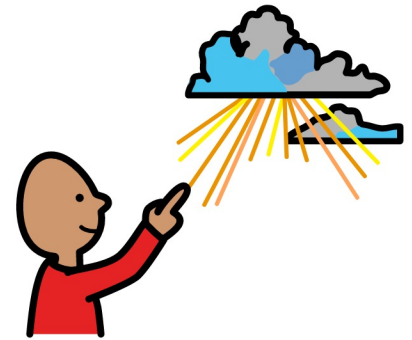
Monthly Virtue ·



Practice



praying



to God.

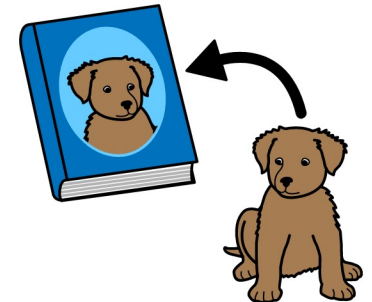
Key Question



What

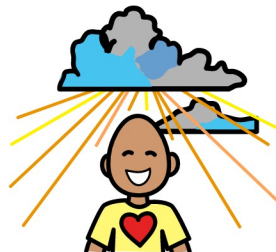


do you pray

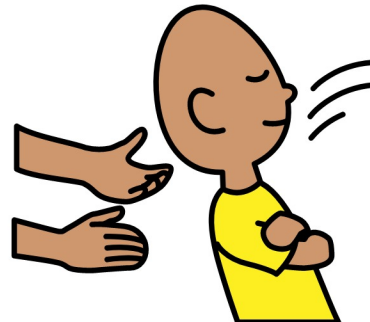


about?

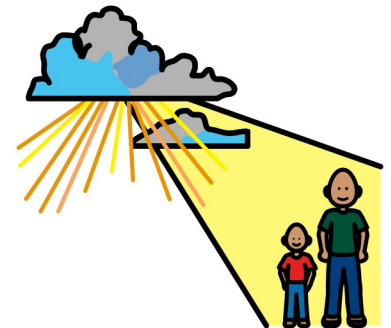
Basic Truth



I am loved by God
no matter what



so I can trust

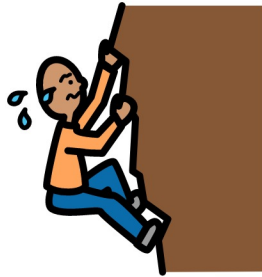


God to guide me.

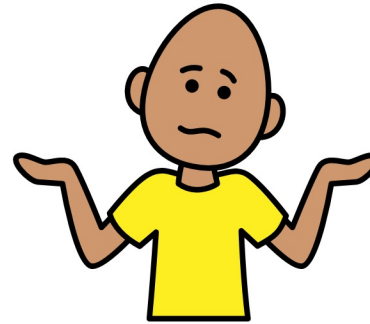
KC January 11 2026 Discussion Questions Pg 5



1. What was one of the most important things Jesus explained on The Sermon of the Mount?



a. how to climb a mountain safely



b. I don't know



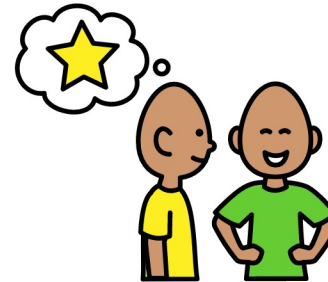
c. how we can talk to God



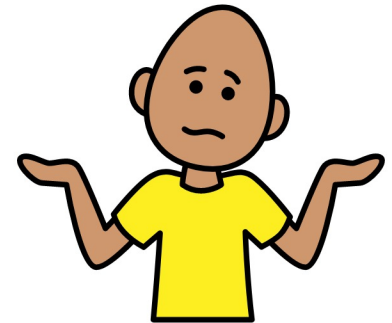
2. What is prayer?



a. Honest conversation with God.



b. Impressing others with big words.



c. I don't know



3. I am loved by God no matter what.



True

OR



False