



Game Plan | WEEK 2 | January 11, 2026 | ELEMENTARY

The Lord's Prayer

Bottom Line: Practice praying to God.

Bible Story: The Lord's Prayer - Matthew 6:9-13

Key Question: What do you pray about?

Basic Truth: I am loved by God no matter what so I can trust God to guide me.

Memory Verse: Training the body has some value. But being godly has value in every way. It promises help for the life you are not living and the life to come. 1 Timothy 4:8 NIV

Pre-Service Check List

- HUDDLE AS TEAM →
 - You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS →
 - A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow

Doors Open
9:15/11:00

Large Group Starts
9:35/11:20

Small Group Starts
10:05/11:50

LEADER BIBLE STUDY

In Week 2, we follow Jesus to a mountainside where he taught what's known as The Sermon on the Mount. At the heart of the sermon, we find the Lord's Prayer. Jesus shared this simple, but profound, way for His followers to talk to God—acknowledging who God is, asking for God's Kingdom to come and requesting what we need, like forgiveness and provision and protection. It's both a beautiful link to the church throughout the ages and a template that kids can use to talk to God in their own words.

LARGE GROUP

COUNTDOWN AND WELCOME (3 Minutes)

(VIDEO: COUNTDOWN, SLIDE: KIDCITY EXPECTATIONS)

LGL: “Hey Friends, I’m so glad you came to hang out with us in KidCity today. My name is [INSERT NAME]. We are going to have a lot of fun today, but before we do let’s go over our KidCity Expectations.

(**SLIDE: KIDCITY EXPECTATIONS**) “Now, let’s quickly go over our KidCity Expectations (rules) so we can make sure that we make the most of our time today: *(Don’t dwell on these too long, but make sure you review them briefly so we can set everyone up for success.)*

1. Be Kind
2. Be Safe
3. Have Fun

(**SLIDE: Game Plan**) This month, we’ve been learning about a Game Plan for our lives that we can follow to grow closer to God. “This Game Plan has four parts—talk about God, pray to God, hear from God, and live for God! “This week, we’re looking at the second part of that Game Plan—today’s Bottom Line is this: **Practice praying to God.** Say that with me.”

(**SLIDE: Bottom Line**) “**Practice praying to God.**

Let’s check out our memory verse for the month. Let’s see if you can do the motions from last week as we read through the verse!

(**SLIDE: MEMORY VERSE**) - Remind students that last week we learned motions to the memory verse. See if they can do the motions while you read the verse.

Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come. —1 Timothy 4:8 Nlrv

Take a minute to explain that 1 Timothy is a book in the New Testament, and that the first number means ‘chapter’ and the second one means ‘verse’. ‘Nlrv’ is what translation the Bible is in. The Bible wasn’t originally written in English! There are different translations.

The way we treat people, and the choices we make every day can show others the love of God. Our verse this month reminds us that just like athletes train their bodies, we can train ourselves to follow God. And one way we do that is by practicing praying to God.

LARGE GROUP GAME (5 Min)

SLIDE: “The Voice Showdown!” - 4 slides

- Have students get into their small groups.
- A silly sentence will appear on a slide.
- Read the sentence aloud and tell the small groups they need to say the sentence in a certain type of voice together.

- Have different small groups present saying the sentences.

WORSHIP (6-7 Minutes)

(VIDEO: THAT'S WHO I PRAISE, FOR YOUR GLORY)

BIBLE STORY (12 Minutes)

(Slide: Bottom Line)

Alright, show of hands, who's ever watched someone do something that looked super-easy ... until you tried it yourself?

"Yeah, me too. Maybe it was a trick shot in basketball, or learning a fun dance, or baking a fancy cake you saw online. You think, 'I got this,' and then... it's a mess.

"Sometimes things look simple until you actually try them.

"Well, prayer can feel the same way. We see other people pray—maybe your parents, your small group leader, or someone at church—and it sounds so natural. They have the perfect words, their tone is calm, and they seem so confident!

"And you're sitting there thinking, 'Okay, I can do that ... wait, what do I say again?'

"You want to pray, but maybe you don't feel confident. Or you're afraid you'll get it wrong.

"In Jesus' time, people had the same problem. Some people thought prayer was about sounding impressive, or using big, fancy words so everyone would notice them. But Jesus told them the exact opposite of that idea was true. He showed His friends that prayer isn't about performance, it's just about being real with God."

"Today, we're going to look at a moment when Jesus taught His friends how to pray. Let's check out this video to learn more!

(VIDEO: BIBLE STORY 4/6_MIN)

Wow. Today we learned something really important from Jesus. He showed us how to pray. He didn't say you need to use big, fancy words. He didn't say you need to impress other people. He didn't say prayer is only for grown-ups.

"Instead, He gave us a simple model, the Lord's Prayer. In that prayer, Jesus reminded us to honor God, to ask for what God wants to happen on earth, to trust Him for what we need each day, to ask for forgiveness, and to ask for His help when life is hard.

"That means prayer isn't about saying everything just the right way. It's about simply talking to God! It's amazing, but the God of the universe is your friend. He just wants you to talk to Him!

"You don't need to wait for the perfect place. You can pray anytime, anywhere, about anything.

"God wants to hear from you. Every prayer matters to Him.

“It doesn’t have to be long or fancy. Just talk to God like you would talk to a friend. Because that’s what prayer is, a real conversation with your friend, God.”

Remember our Basic Truth...

(SLIDE: BASIC TRUTH) I am loved by God no matter what so I can trust God to guide me.

As we head to Small Groups, we want you to consider this question:

(SLIDE: KEY QUESTION – leave this slide up after you pray and kids go to small groups)

What do you pray about?

DISMISS TO SMALL GROUPS



SMALL GROUP

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TALK ABOUT IT (K-5th)

Not every answer will be exactly right, but the goal is to guide the kids into good conversation and gently redirect them toward deeper, more biblical answers.

Key Question: What do you pray about?

LOOK IT UP (3rd-5th)

Grab Bibles, look up, and read the following passage.

What You Say:

Today, we are going to look up Jesus' prayer in the Bible. We can find it in: Matthew 6:9-13

That is an example of how Jesus showed we can talk to Him. How cool is that? Here is a version of that prayer in words you may understand better. Let's spend some time praying together today. If you want, you can repeat it after me.

What You Say:

Leader: "Father God, You are so amazing."

Students: "Father God, You are so amazing."

Leader: "We want Your Kingdom here."

Students: "We want Your Kingdom here."

Leader: "Please give us what we need today."

Students: "Please give us what we need today."

Leader: "Help us forgive like You've forgiven us."

Students: "Help us forgive like You've forgiven us."

Leader: "Help us obey Your good ways."

Students: "Help us obey Your good ways."

Leader: "Thank You for loving us."

Students: "Thank You for loving us."

Leader: "We love You too."

Students: "We love You too."

Leader: "Amen."

Students: "Amen"

PRACTICE IT (K-5th)

(Large piece of paper taped to the wall labeled “Prayer Wall”, different-colored sticky notes, writing tools)

What You Do:

- Give each kid a **sticky note**.
- Invite kids to think of **one thing** they want to talk to God about, it could be something they’re **thankful for**, something they **need help with**, or someone they want to **pray for**.
- Students can **draw** a picture of their prayer **or write** it on the sticky note.
- Invite each kid (if they want to) to **share** their prayer with the group.
- Have them **stick** their note on the Prayer Wall.

What You Say:

“Look at our amazing Prayer Wall! This helps us remember that God hears every single one of our prayers. He does!”

“In what we learned from the Bible today, Jesus taught His friends a special prayer they could pray to God, and it was about so many different things. That means that we can talk to God about anything!”

“Let’s practice praying to God by talking to Him about these prayer requests.”

Give students the opportunity to pray if they would like to. Encourage them to pray for other’s prayer requests.

Tell students that if they don’t know how to start their prayer they can say, “Hey God...” or “Dear God...”
Model for students as needed.

Extension activity if time allows.

What You Say:

Let’s thinking about praying by answering some questions:

- Isn’t it amazing that God, who made everything, wants to talk to you? What do you think about that?
- Sometimes we forget to talk to God. What makes it hard for you to pray?
- Jesus’ prayer talks about lots of things! What’s one thing you want to talk to God about this week?
- If you talk to God every day, how do you think that helps you be closer to Him?

GET STRONGER (K-5th)

(10 cards of people from the Bible, Answer Key for k-2nd cards, and 1 Bible for every 2 or 3 kids)

We want every kid to know these 3 Basic Truths by the time they leave KidCity: I am made by God. I am loved by God no matter what. I am made for a purpose. The more we encourage kids to get into the Bible the more these they will see these truths in other people, and they will sink into their hearts for themselves.

What You Do:

- Take ten cards from people in the Bible card deck.
- Have your group guess if they are in the Old or New Testament



- Find the story of their life in the Bible

What to say:

“This is the Bible. (Open to the Table of Contents) This is the Old Testament – it tells the story of how the world was broken by sin, but because of God’s great love for us He promised to send a Savior. This is the New Testament. It tells us the good news of the promised Savior – Jesus! Jesus died on the cross and came back to life – defeating sin and death. Because of Him, we can have a right relationship with God again. Let’s look at each card and see if we know if the person is from the Old Testament or the New Testament. Then we will see if we can find them in our Bibles.

PRAYER

“Dear God, thank You for teaching us how to pray. Thank You that we can talk to You about anything. Please help us remember to pray for the things on our prayer wall. We love being Your friend. We love You, and we pray these things in Jesus’ name. Amen.”