

# Week 1 HSM discussion guide



THIS WEEK

## BIG IDEA

Following Jesus means to live as He lived.

## BIBLE

1 John 2:6; Luke 9:23; John 13:15

## ABOUT THIS WEEK

In the opening week of *Follow Me*, students wrestle with what it truly means to be a disciple of Jesus. Discipleship is more than believing in Jesus—it's learning to live the way He lived. This week invites students to examine the gap between calling Jesus Savior and actually allowing Him to shape their daily decisions, priorities, and identity.

### Let's Break the Ice:

- Who has the biggest influence on how you think or live?
- What's something you know is good for you, but is hard to live out?

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### Bible Study:

- Read Together: As a group, read 1 John 2:6 NIV and Luke 9:23 NIV

### Discussion Questions:

- According to 1 John 2:6, what should be true about the life of someone who says they follow Jesus?
- Why do you think Jesus defines following Him as denying yourself and taking up your cross daily?
- What's the difference between believing in Jesus and being formed by Jesus?
- In John 13:15, Jesus says He gave us an example. What does it look like to treat Jesus as a teacher, not just a Savior?
- What part of Jesus' way of life feels most challenging for people your age right now?

### Make it Real:

- Where do you see a gap between what you believe about Jesus and how you actually live?

### Discipleship Moment:

- **Jesus in Real Life:** This week, make a note of 1-3 situations you find yourself in or that you see someone else dealing with. Write down what you think Jesus would do if He were in that same situation, and be ready to share next week.
  - **Partner Check-In (optional):** Pair students up and have them commit to checking in with their partner either sometime during the week or during your next gathering.

## Prayer

### Share Requests:

- Ask for any prayer requests or praises to celebrate together.

### Group Prayer:

- Pray together that God would help each student follow Jesus – not just with their words, but with their actions this week.