

# "Follow Me"

a series on discipleship



## WEEK 1 BIG IDEA

Following Jesus means learning to live like Jesus.

## WEEK 1 BIBLE VERSES

1 John 2:6, Luke 9:23, John 13:15

## HSM WEEK 1 TEACHING GOAL

Challenge students to confront the difference between **believing in Jesus** and **being formed by Jesus**.

### TEACHING FLOW

#### HOOK (3 Mins): FOLLOWING LEADS TO BECOMING

- Everyone follows something, and it shapes who you become.
- Did you know: Not once in all of the Bible does Jesus tell anyone to become a Christian? Instead, His invitation is always "Follow Me".

#### REDEFINING DISCIPLESHIP (4-5 Mins)

- 1 John 2:6 → Discipleship is visible. Not theoretical. You don't just say "I'm a disciple". The way you live determines and proves what you're being disciplined by.
- Discipleship is about formation, not information.

#### THE COST OF FOLLOWING (4-5 Mins)

- Luke 9:23 → Self-denial: It goes against what we want and what culture promotes.
- Following Jesus means surrendering control

#### JESUS AS TEACHER, NOT JUST SAVIOR (3-4 Mins)

- John 13:15 → Jesus expects imitation
  - The context of this verse is Jesus washing the disciples' feet, but He was giving them a principle/rule of life to live by.
- Following Jesus isn't just about receiving salvation; it's about embracing life change.

#### INVITATION (2-3 Mins)

- What part of Jesus' way feels hardest to obey right now?
  - If you've never made the decision to follow Jesus, now is the time.
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