



## ABOUT THIS SERIES

When it comes to faith and dating, students often feel there isn't much guidance. While the Bible doesn't specifically address dating, God's word provides plenty of clarity on how to treat and love others. In this series, we'll see that as we learn to apply those commands to dating, this complex topic becomes much simpler when we date and love others God's way.

**LEADER NOTE:** This series is not about pressuring students to date or shaming past choices, but about helping them see God's heart for healthy, Christ-centered relationships.

### WEEK 1 – Christ-Centered and Respectful

**TEXT:** Philippians 2:1-5

**BIG IDEA:** Just like all relationships, dating is meant to reflect Christlike love and respect.

**SUMMARY:** **Christ-centered dating isn't selfish or about seeking its own way; it seeks to honor God and the other person. Today's message is about what it looks like to respect God and the person you're dating.**

**Optional Interactive Element:** Anonymous Q&A submission system.

### WEEK 2 – Healthy Boundaries

**TEXT:** Proverbs 4:23

**BIG IDEA:** Boundaries in dating are about valuing one another as children of God.

**SUMMARY:** Proverbs 4:23 says, "Above all else, guard your heart." This is a call to be intentional about what you allow into your life. The goal of boundaries is not to ruin fun; it's to help us experience life as God designed it while protecting everyone involved. In this message, we want High Schoolers to know that boundaries include emotional, physical, digital, and spiritual. We want them to know that you don't set up boundaries because you're scared, but because you value your relationships with God, yourself, and others.

**DEFINITION OF BOUNDARIES:** Boundaries are decisions we make ahead of time that help us honor God and protect people

### WEEK 3 – REALationships Help Us Grow

**TEXT:** Proverbs 27:17

**BIG IDEA:** The best relationships challenge us and make us become more like Christ.

**SUMMARY:** A dating relationship centered on Christ will make you better, not hurt you or leave you with long-term scars. The purpose of dating isn't "chemistry"; it's character. In this message, we want to challenge students to consider choosing the person they will date and eventually marry not by feeling but by their ability to help one another grow in Christlikeness.