



### TODAY'S MAIN POINT

Christ-centered dating seeks to honor God and value the other person.

### TODAY'S BIBLE VERSE(S)

Philippians 2:1-5

### TEACHING GOAL

This week, students heard that dating is not an exception to following Jesus, but an application of it. While the Bible doesn't talk about dating directly, Scripture clearly shows us how followers of Jesus are called to treat others—with humility, selflessness, and respect. This discussion helps students process how Jesus' way of living applies to dating and relationships in an honest, age-appropriate way.

### Let's Break the Ice

- Where do you think most people learn what dating should look like?
- What makes dating feel confusing or complicated for people our age?

### Transition:

Culture gives us a lot of messages about dating—but today we're asking what Scripture says about how we treat people we're interested in.

### Bible Study

**Read Together:** As a group, read **Philippians 2:1–5 (NIV)**.

### Discussion Questions:

- What words or ideas stand out to you in this passage?
- How does Paul describe the mindset of Jesus?
- What does humility look like in everyday relationships?
- Why do you think Paul's instructions apply to dating even though dating isn't mentioned?

### Make It Real:

**Leader Note:** Keep this focused on **heart posture and character**, not behaviors or rules.

- How does dating sometimes become more about what we get than how we treat the other person?
- What does it look like to value someone as a person, not a prize or a source of validation?
- Why do you think it's harder to live out Philippians 2 when feelings are involved?
- How could following Jesus change the way people approach dating?

## **Discipleship Moment**

### **Christ-Centered Dating Reflection:**

Invite students to silently reflect on these questions:

- Why do I want to date?
- What am I hoping a relationship gives me?
- Am I willing to put someone else's good ahead of my own desires?

Encourage students to pray:

"Jesus, help me love others the way You've loved me."

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### **Share Requests:**

Invite students to share prayer requests or praises.

### **Group Prayer:**

Pray that God would shape students' hearts to reflect Jesus' humility and love, and help them honor God and others in every relationship.