



MAIN POINT

Healthy relationships are Christ-centered and respectful

MAIN VERSE

Philippians 2:1-5

TEACHING GOAL

Students will understand that healthy relationships – especially friendships, crushes, and dating – should reflect the way Jesus treats people, and they will be challenged to practice respect, humility, and kindness in how they interact with others.

HOOK (2 Minutes): Compartmentalizing Jesus

- We often give Jesus authority in some areas of life, but not all
- Jesus gets a say at church, with family, or in certain friendships
- But we excuse behavior in other relationships by saying, “This is different”
- Big question: Does Jesus have authority everywhere, or only where it’s comfortable?

SCRIPTURE (2 Minutes): One Way of Living

- Philippians 2:1–5 reviewed from previous week
- Paul gives one standard for how followers of Jesus treat others
- No categories, exceptions, or relationship-specific versions of love
- Jesus models one way of living that applies everywhere

TENSION (4–5 Minutes): Where We Make Exceptions

- We don’t usually reject Jesus’ teaching—we limit it
- We excuse impatience, disrespect, or selfishness in certain relationships
- Feelings (especially crushes or dating) often become justification
- Truth: Dating doesn’t change the standard—it reveals our character
- Main Point restated: Jesus’ way applies to every relationship

APPLICATION (4 Minutes): Putting Jesus at the Center

- Putting Jesus at the center starts with letting Him shape *us*, not others
- Jesus gets a voice before we react, speak, text, or post
- Pause and ask:
 - “Does this reflect Jesus?”

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 - “Is this loving and respectful?”
 - “Am I choosing my way or His?”
- Following Jesus is about direction, not perfection
- Motives matter as much as actions
- We treat people based on who Jesus is, not how they make us feel

LAND THE POINT (1 Minute)

- Jesus doesn't give different standards for different relationships
- One Savior. One way. Every relationship.
- The way Jesus calls us to live applies to everyone—always.