



MAIN POINT

Healthy relationships help us become more like Jesus.

MAIN VERSE

Proverbs 27:17, Proverbs 13:20, 1 Corinthians 15:33

TEACHING GOAL

Students will understand that the people they spend time with influence who they are becoming, and they will be challenged to choose relationships—including friendships and dating relationships—that help them grow in wisdom, faith, and Christlikeness.

HOOK (2 Minutes): WHO'S SHAPING YOU?

- Relationships don't just reflect who we are
- Relationships shape who we're becoming
- Everyone is being influenced—whether they realize it or not

SCRIPTURE (2 Minutes): THE BIBLE ON INFLUENCE

- **Proverbs 27:17** – Relationships sharpen and shape us
- **Proverbs 13:20** – Walking with the wise leads to wisdom
- **1 Corinthians 15:33** – Bad company corrupts good character
- Key idea: Relationships are never neutral

TENSION (4–5 Minutes): COMFORTABLE VS. HEALTHY AND HELPFUL RELATIONSHIPS

- We often choose friends based on comfort and inclusion
- Comfort doesn't always lead to growth
- Some relationships help us follow Jesus
- Others slowly pull us away
- Best friends point us toward Jesus, not just fun

NOTE ON DATING/CRUSHES

- **Dating increases influence and formation**
- **The person you date shapes your faith and choices**
- **Dating is about direction, not just feelings**

APPLICATION (4 Minutes): CHOOSING RELATIONSHIPS THAT HELP YOU GROW

- Ask better questions about relationships:
 - Do they help me grow?
 - Do they encourage wisdom or excuse bad choices?
 - Be intentional, not reactive
- Healthy relationships sharpen faith and character

LAND THE POINT (1 Minute)

- Every relationship is shaping you somehow
 - Scripture is clear about the power of influence
 - **Healthy relationships help us become more like Jesus**
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