

Block Party: Celebrating Jesus and Joy that never ends.

DAY 1

Alive with Joy

Read John 20:18 (NirV): Mary Magdalene went to the disciples with the news. She said, "I have seen the Lord!" And she told them that he had said these things to her.

Mary was the first to see Jesus alive. She had been sad when Jesus died. But everything changed the moment she saw Him alive. Joy rushed in.

You can have that same joy. Because Jesus is alive, joy never has to run out. Jesus is with you right now. He listens when you talk to Him. He helps you when you feel stuck.

~~~~~

On each sun ray, write or draw one thing that brings you joy because Jesus is alive.



## DAY 2

### Joy You Can Take Home

*Read Matthew 28:8 (NirV): "The women hurried away from the tomb. They were afraid, but they were filled with joy. They ran to tell the disciples."*

Joy can surprise you. The women at the empty tomb felt scared and joyful at the same time. Life is like that. You can feel more than one emotion.

Joy grows ...

- ➔ when you share it.
- ➔ when you remind someone that Jesus is with them.
- ➔ when you help someone who feels alone.
- ➔ when you thank Jesus for something small.

~~~~~

These choices help you live out joy that comes from knowing Jesus. Jesus said in John 16:22 that no one can take away the joy He gives. That means your joy is not fragile. It is stronger than hard days.

~~~~~

At-Home Activity: Ask someone in your home to join you for a Joy Hunt. Walk around your home and look for five items that remind you of God's goodness. It can be anything. A snack you love. A cozy blanket. A picture of someone you care about. Share why each item brings you joy because Jesus is alive.



DAY 3

## Joy in Your Heart

*Read Romans 6:9 (NIRV): "We know that Christ was raised from the dead and will never die again. Death doesn't control him anymore."*

Think about something that makes you smile every time. Maybe a pet. A good friend. A favorite place. Those things bring happiness, but happiness fades. Joy stays. Joy is deeper because it comes from Jesus.

Take a moment and think about Jesus being alive right now. He is strong. He is loving. He is with you. No problem is too big for Him. No fear is too small. That truth fills you with joy that nothing can erase.

Joy shows up when you trust Jesus, when you talk to Him, and when you remember that nothing is stronger than Jesus.

---

Personal Reflection: Close your eyes and think about one area of your life where you want more joy. Ask yourself what it would look like to trust Jesus in that part of your life. Write a short sentence that starts with: "I can have joy because Jesus is alive when I feel or think ...". Finish the sentence with your honest answer.

**You can have joy because Jesus is alive.**



DAY 4

## Praying with Joy

*Read 1 Peter 1:8 (NIRV): "Even though you have not seen him, you love him. Though you do not see him now, you believe in him. You are filled with a glorious joy that can't be put into words."*

You have never seen Jesus with your eyes. But you can know Him. You can love Him. You can trust Him. And that fills your life with joy. A joy so strong that words are not enough.

Prayer is one of the best ways to grow that joy. When you talk to Jesus, you remember He is near. You remember He cares about every part of your day.

Joy is not about pretending everything is fine. Joy is choosing to believe Jesus is with you every moment, good or bad. That truth changes your heart.

---

Pray this: "Jesus, thank You for being alive. Help me trust You today. Help me share joy with others. Fill my heart with the kind of joy that only You can give. I know I can have joy because You are alive. In Jesus' name, Amen."

